



4 Day Wellness Journey

THB 7,900++ per person (real value THB 10,700++)

THB 13,000++ per couple (real value THB 21,400++)

Day 1

- Colour Therapy Steam (30 minutes)
- Detoxifying Green Tea Scrub (30 minutes)
- Detoxifying Green Tea Wrap (30 minutes)
- Raw Juice

Day 2

- Private Yoga (60 minutes)
- Detoxifying Massage (60 minutes)
- Raw Juice

Day 3

- Morning Run (30 minutes)
- Private Muay Thai Boxing (60 minutes)
- Traditional Thai Massage (60 minutes)
- Raw Juice

Day 4

- Herb and Spice Bath (30 minutes)
- Marma Abhyanga Massage (60 minutes)
- Personally Prescribed Facial Treatment (60 minutes)
- Meditation (30 minutes)
- Raw Juice

Prices are subject to 10% service charge and applicable government tax.



Short Break Spa Treats

Tension Release Massage	30 minutes	THB 1,350++
Back and Shoulder Massage	30 minutes	THB 1,350++
Arm and Hand Massage	30 minutes	THB 1,350++
Foot Massage	30 minutes	THB 1,350++
Indian Head Massage	30 minutes	THB 1,750++
Short Break Facial	30 minutes	THB 1,750++
Short Break Manicure	30 minutes	THB 650++
Short Break Pedicure	30 minutes	THB 650++

*Prices are subject to a 10% service charge and applicable government tax.
This offer cannot be used in conjunction with any other promotion or discount.*

For reservations and more information, please contact Anantara Spa
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