



balance

WELLNESS BY ANANTARA



WELLNESS
FOR CHILDREN

Children experience constant growth and we are passionate about introducing your little ones and teens to the benefits of health, wellness and nutrition to encourage optimum development.

Choose from a special menu of therapies to wind down activate minds, relax energetic bodies and stimulate healing energy. Nourish young skin with delicious natural ingredients. Let them drift into healing bliss in the floatation pod or renew their focus in yoga. Fresh looks are fun with beautifying princess treats and smart grooming for princes.

Our young spa guests can also enjoy these treatments with mum and dad, or friends. While a complimentary consultation for each child allows us to create wellness goals to help them live a healthier, happier life.

Relaxing Massage with Pure Argan Oil | 30 Minutes QAR 150

Soothing massage techniques help youngsters to wind down, improve blood circulation and encourage wellbeing. Pure argan oil moisturises and nourishes with the goodness of nature.

Baby Massage with Almond Oil | 20 Minutes QAR 100

This gentle massage nurtures inner balance and helps your baby enjoy restful sleep. Almond oil soothes and hydrates delicate skin.

Prince & Princess Honey Facial | 30 Minutes QAR 200

Nourish tender and sensitive young skin with pure natural care. Revitalise a youthful complexion with delicious healing honey.

Chocolate Body Scrub & Massage | 45 Minutes QAR 200

Sweeten your senses. A chocolate scrub gently cleanses and purifies, leaving skin beautifully smooth and enriched by vitamins and antioxidants. A blissful massage deeply relaxes.

Little Princess Manicure & Pedicure | 60 Minutes QAR 120

Princess pampering for hands and feet starts by neatening your nails, then a magical moisturising mask and your favourite nail polish to finish.



SPECIAL PACKAGES

Fairytale Princess | 60 Minutes QAR 300

Beautify hands and feet with a Mini Manicure & Pedicure treat. Enjoy a pretty complexion with a special Mini Facial.

Superhero For The Day | 60 Minutes QAR 300

Smarten up your locks with a Haircut. Enjoy a deeply relaxing Head Massage. Smooth and nourish skin with a Mini Facial.

Child Friendly Floatation Pod | 15 Minutes QAR 80

Float away to peacefulness in a tank full of warm water and Epsom salt that is rich in magnesium. A wonderfully relaxing experience to alleviate tiredness, speed up the body's natural healing, nourish skin and restore serenity.

Infra Red Sauna | Complimentary

Re-energise with a session in our infra red sauna. Feel good with a wealth of benefits, from natural healing and detoxification, to pain relief, improved circulation and deep relaxation.

Meditation & Yoga For Kids | 30 Minutes QAR 100

The simple practice of teaching children how to stop, focus and just breathe is one of the greatest gifts to give them. Encouraging youngsters to relax and clear their mind, meditation and yoga helps to develop clarity, improved function and positive vitality.





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