

WELLNESS PROGRAMME PRICING (PER GUEST PER DAY)

Programmes	Single Occupancy			Double Occupancy (per guest)		
	3 DAYS	5 DAYS	7 DAYS	3 DAYS	5 DAYS	7 DAYS
Balance Well-Being Programme	1,420	1,350	1,200	1,250	1,200	1,100
Relax & De-Stress Programme	1,420	1,350	1,200	1,250	1,200	1,100
Rejuvenate & Revitalise Programme	1,420	1,350	1,200	1,250	1,200	1,100
Detox Programme		1,450	1,300		1,350	1,200
Weight Management Programme		1,450	1,300		1,350	1,200

Wellness Programme pricing includes:

- Pre & post programme Wellness and Nutritional consultation
- Wellness cuisine (including 3 meals per day, juices and indigenous herbal infusions as recommended)
- 90 minutes of therapeutic body treatments per day
- Daily yoga / stretching or fitness sessions
- Complimentary full day access to spa facilities

Note: Programmes of longer durations can be booked upon request.

Additional wellness treatments can be booked for a special price.

Wellness programme pricing excludes hotel accommodation.

Wellness programmes are available to day visitors and outside guests.



BALANCE WELLNESS TREATMENT PRICELIST

	MIN	AED
HOLISTIC BODY TREATMENTS		
Rejuvenation Therapy	90/60	700/550
Total Body & Mind Balancing Therapy	75	650
Kundalini Massage	60	600
Tibetan Ku Nye Massage	90/60	700/550
Super Detox Therapy	60	550
Shiatsu	60	550
Balance Signature Infusion	90	750
Balance Cocoon	60	550
Purification Therapy	30	375
HOLISTIC FACE TREATMENTS		
Mukhlepa	60	550
WEIGHT LOSS TREATMENTS		
Inch Loss Body Wrap	90	750
Lipocell Sculpt	60	550
Cooling Therapy	90	499
ADD ONS		
Marma Point Facial	30	325