



SPICE SPOONS

# A THAI CULINARY JOURNEY.



## SPICE SPOONS

Much more than just a cooking class, Spice Spoons offers a rich and interactive immersion in Thailand's world famous gastronomy, renowned for its artistry and unique four flavour balance of salty, sweet, spicy and pungent.

Enjoy a guided local market experience, as well as coffee with the locals, a visit to a historic temple to make merit, and a delicious breakfast picnic in the temple grounds. Return to the resort and tour our herb and vegetable garden. Learn about Thai and Northern Thai cuisine's cultural significance and health benefits, indigenous ingredients and cooking equipment, as well as convenient replacements to use at home. Choose from a menu of authentic regional recipes from across Thailand, including age old northern specialities. Cook your favourites in a step by step class in our professional cooking school under Sala Mae Nam restaurant. Savour your creations for lunch and enjoy the option of adding a fruit and vegetable carving class to enhance your artistic presentation.

Leave with wonderful memories and impressive new skills to entertain family and friends back home, as well as a Spice Spoons shopping bag containing a certificate, apron, chopping board and box of recipe cards.

To book, please contact the Reception Desk one day in advance before 4.00 pm.





## COOKING CLASS PROGRAMME

- 7.30 am Meet at the lobby and travel to Chiang Sean's bustling food market, where your Thai chef instructor will pick up the fresh produce, spices and herbs you'll be cooking with later on. Soak up the town's traditional atmosphere as you enjoy a morning coffee with the locals. Visit Chiang Sean's historic Wat Chedi Luang to make merit, before a delicious picnic breakfast in this historic temple's grounds.
- 9.00 am Return to the resort and tour our herb and vegetable garden, hearing an informative introduction to Thai cuisine's key ingredients.
- 10.30 am Chef will talk you through the dishes you are about to cook and the techniques you'll use. Then it's your turn to put theory into practice in a step by step cooking class.
- 1.00 pm Savour your creations for lunch with our house wine.
- 2:00 pm Cooking class experience ends.

A minimum of 2 guests and maximum of 12 guests per class.

THB 5,100 nett per person, including a Spice Spoons shopping bag containing a certificate, apron, chopping board and box of recipe cards, as well as refreshments throughout the experience and bottle of house wine per guest.

## FRUIT & VEGETABLE CARVING CLASS

Enhance your presentation skills by mastering the intricate art of carving a variety of fruits and vegetables into ornate shapes. THB 2,150 nett per person

#### Terms and conditions

Prices are inclusive of 10% service charge and applicable government tax. A minimum of two guests and a maximum of 12 guests per class. Reservations must be made at least one day in advance before 4.00 pm. Cancellations must be made at least four hours in advance, otherwise a 25% charge applies.







### MENU OPTIONS

Please select one dish from each category below. Depending what seasonal produce is available at the local market, chef will happily offer additional dishes to the menu selection.

#### Appetisers

Krathong Thong

Tod Man Pla Satay Gai Som Tum Tai Pla Goong

Soups

Tom Yum Goong Tom Kha Gai Yam Jin Gai

#### Mains

Khao Soi Gai Yam Mamuang Pla Krob

Pla Kapong Nung Manow Gai Pad Med Mamuang Phad Thai Goong Sod Chu Chi Goong Massaman Nuea Kang Keaw Wan Gai Lab Moo Khua Aeb Pla

#### Dessert

Khao Neeo Mamuang

\*Northern Thai specialty

Light crispy, golden cups with various savoury fillings Thai fishcakes Chicken satay Green papaya salad Spicy prawn salad

Spicy prawn soup Coconut chicken soup Northern style chicken soup\*

Chiang Mai noodles\* Crispy fish with spicy mango salad Steamed sea bass Chicken and cashew nut stir fry Thai fried noodles with prawns Prawn chu chi curry Massaman beef curry Chicken green curry Northern pork salad\* Northern style BBQ catfish in banana leaf\*

Mango with sweet sticky rice

Anantara Golden Triangle Elephant Camp & Resort 229 Moo 1, Wieng, Chiang Saen, Chiang Rai 57150 Thailand T +66 (0) 5378 4084 F +66 (0) 5378 4090 E goldentriangle@anantara.com anantara.com