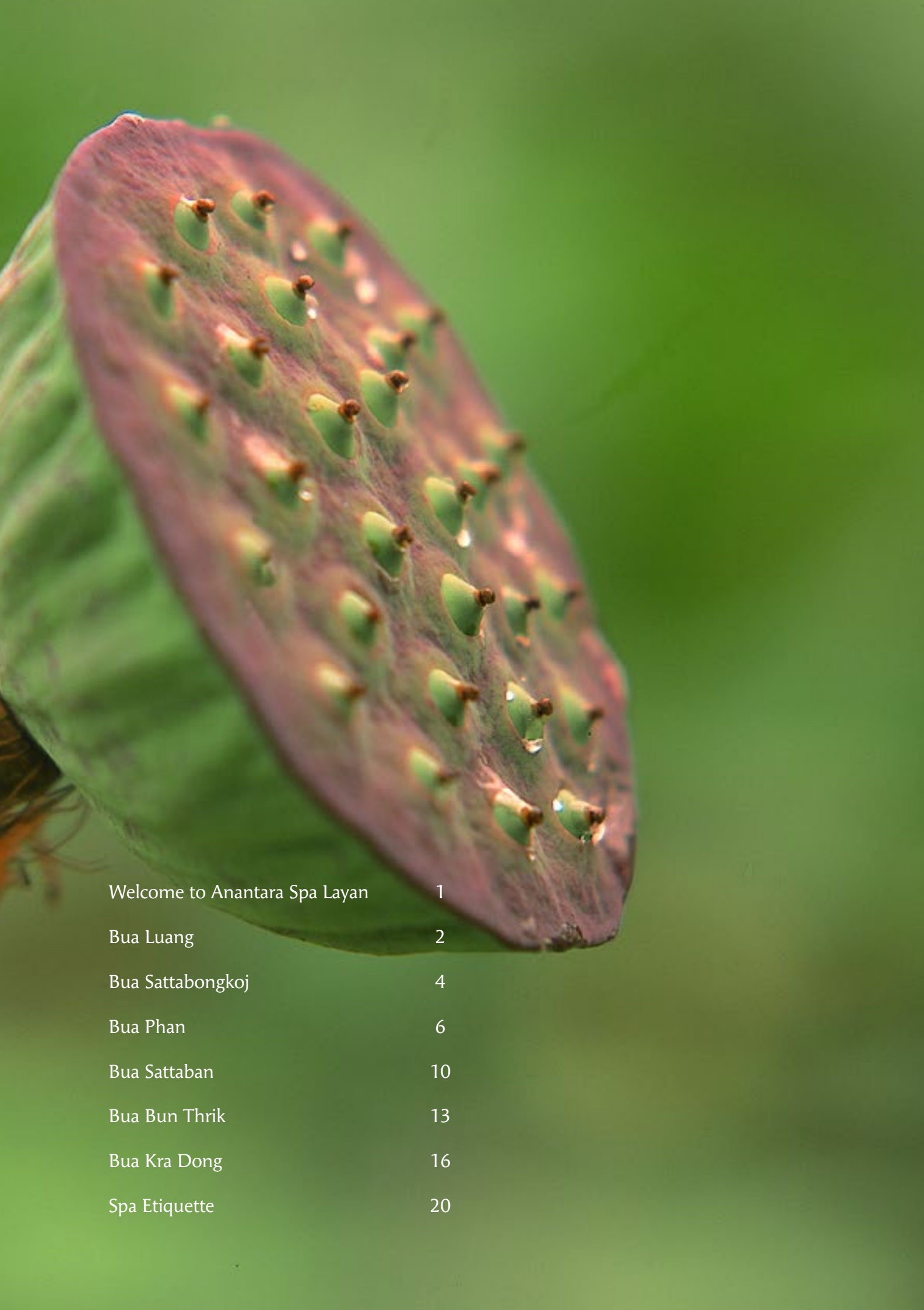


Journeys into
wellbeing
and serenity



Anantara Spa





Welcome to Anantara Spa Layan	1
Bua Luang	2
Bua Sattabongkoj	4
Bua Phan	6
Bua Sattaban	10
Bua Bun Thrik	13
Bua Kra Dong	16
Spa Etiquette	20

Welcome to Anantara Spa Layan

Rooted in the beautiful country of Thailand, the essence of Anantara philosophy, ‘**without end**’, stems from ancient Sanskrit origins and extends seamlessly to our global reach of spas, located in some of the world’s most exotic destinations. Our enduring belief is expressed in perfect harmony with the allures of each locale, through a seamless integration of architecture and décor, treatments, service and ambience.

A sanctuary within a sanctuary, our spa reflects the idyllic tranquillity of Phuket’s serene west coast. Luxurious spa products are infused with indigenous fruits, aromatic herbs and rich spices that are highly prized for their therapeutic qualities. While our extensive treatment menu is inspired by Thailand’s precious lotuses and our personalised service is steeped in the warmth of Thai culture.

The lotus flower is one of the most ancient and allusive symbols of our planet. Growing in muddy water and rising above the surface with remarkable beauty, it represents long life, health, honour and luck. In the East, the lotus flower is a symbol of spiritual enlightenment. As one scholar has said: “the heart of beings is like an unopened lotus. When the virtues of spirituality develop therein, the lotus blossoms.”

Leave behind the stresses of everyday life and begin to synchronise the subtle energies of your being. Imagine a place where the hearts, minds and actions of the people are as pure and wholesome as the symbolism of the lotus.

Treat yourself to a range of deluxe salon services or hideaway in one of seven luxurious treatment suites. Indulge in personally prescribed facials to promote youthful radiance. Replenish and revitalise skin with natural scrubs and wraps. Feel refreshed and relaxed by steam and bath rituals.

Unwind into healing massages from Asia’s ancient holistic traditions to revered western techniques. Escape the limits of time with one of our carefully crafted signature journeys.

At **Anantara Spa**,
the greatest journeys
are felt, not told

Opening hours: 10:00 am - 10:00 pm

Step into the world of Anantara and experience exceptional luxury in breathtaking surrounds.

Let your cares slip away and your sensual journey begin...

Bua Luang



An enchanting emblem for our signature journeys, the Bua Luang symbolises perpetual life. It is associated with divinity, fertility, wealth, knowledge and enlightenment and represents purity of heart and mind. The example of this lotus shows us never to be disheartened in the journey of life. An exceptionally beautiful plant with hauntingly fragrant flowers, it teaches us about personal growth, survival and triumph against all odds.

Journey of Siam (225 Minutes)

Rediscover your inner strength and vigour with this exquisite journey from Thailand. A Coconut Mint Scrub polishes, moisturises and softens skin, while enlivening the senses with exotic scents. Enhance your energy flow with the skilled acupressure techniques of our Royal Thai Massage, and feel luxuriously pampered by a nourishing and hydrating facial.

Floral Foot Ritual • Essence White Coconut Mint Scrub • Shower • Royal Thai Massage • Exotic Moisture Dew Facial • Refreshment

Layan Orchid Signature Ritual (130 Minutes)

Soak in a signature Romance Milky Bath that is laced with fresh purple royal orchids, enjoying a private tea service as the exotic aromas balance your body, mind and spirit. Customise the traditional Thai herbal compress treatment with a choice of Sweet, Smooth, Splash and Spice aromatic oil blends, and select the fresh ingredients to fill your compress pouch, choosing from healing sesame, hydrating almond, cleansing salt, mood uplifting kaffir lime peel and refreshing lemongrass.

Floral Foot Ritual • Layan Orchid Bath • Invigorating Herbal Compress Massage • Refreshment

Layan Bamboo Retreat (165 minutes)

Relax into an ancient healing massage that uses aromatic oil and warmed bamboo sticks to stroke and roll away muscular knots and tension, reduce toxin accumulation and fluid retention, and enhance the circulation. Then revive your complexion to look beautifully dewy and youthful, so that you feel ready to face the world afresh.

Shower • Floral Foot Ritual • Bamboo Massage • Exotic Moisture Dew Facial • Refreshment

Herbal Body Balancer (120 minutes)

Experience an energising tonic for tension, too much computer work and jet lag. Take delight in a Herbal Back Refresher, comprising a natural scrub, a cooling peppermint and black tea cotton wrap to cleanse and soften skin, improve blood circulation and refresh the mind, concluding with an effleurage massage using Anantara detoxifying oil. Then discover how pressure point work on various reflex points on the feet stimulates organs in the upper body to enhance overall wellbeing.

Shower • Floral Foot Ritual • Herbal Back Refresher • Foot Massage • Refreshment

Deep Cleansing Ritual (120 minutes)

Unwind in an exotic herbal steam to help purify your respiratory system and open the pores of your skin. Cocooned in the therapeutic mud of your choice, benefit from body detoxification, a boost of energy and skin that feels flawlessly smooth. Luxuriate under a warm shower before an intense yet relaxing massage releases deep seated tension throughout your entire body.

Floral Foot Ritual • Personalised Clay Rhassoul • Shower • Deep Tissue Massage • Refreshment

Bua Sattabongkoj

Sattabongkoj is a double rose lotus with large rose pink flowers. Stately with stunning leaves and flowers standing high above the water, it is one of the most dramatic pond ornaments of all. An aura of mystique surrounds this lotus, inspiring legends and myths throughout the history of civilisation.

Romantic Rendez-vous for Two (190 Minutes)

Polish skin to perfection with an Essence White Coconut Mint Scrub. Rich in vitamins and anti-oxidants, walnut shell removes dead cells and strengthens new skin to leave it clear and smooth. Step into a signature Romance Milky Bath and enjoy a private tea service as the exotic aromas balance your body, mind and spirit. End your intimate retreat with a Stress Release Massage that uses a combination of strokes and acupressure techniques, along with the specially blended signature aromatherapy oil of your choice, for the most relaxing experience imaginable.

Floral Foot Ritual • Essence White Coconut Mint Scrub • Anantara Milky Bath • Stress Release Massage • Refreshment

Elemis Spa Ritual (130 Minutes)

The ultimate head to toe therapy for maximum results. Body brushing helps to move lymph fluid throughout the body to encourage circulation, and also removes dead skin cells. The powerful effects of a customised Elemis Deep Tissue Muscle Massage combines dynamic blends of essential oils and rhythmic pressure to alleviate stress and ease aching muscles. A radiant finale offers dramatic results, with a personally prescribed Elemis Advanced Anti-Ageing or Skin Solutions Facial.

Welcome Touch • Body Brushing • Elemis Deep Tissue Massage • Personalised Facial • Refreshment



After Sun Retreat (130 Minutes)

Following a blissful day in the sun, enjoy a gentle application of fresh aloe vera that soothes sunburn, and a poultice of cold black tea and mint to decrease redness before a facial boosts moisture and plumps the skin for a flawless and even complexion. This delightful whole-body treatment nourishes your skin supporting a lasting tan and after-glow.

Floral Foot Ritual • Aloe After-Sun Soother • Exotic Moisture Dew Facial • Refreshment

In-Villa Slumber Guru Experience (70 Minutes)

Taking the importance of a good night's rest to a whole new level, this In-Villa ritual begins with a soak in a luxuriant bath infused with essential oils in your candlelit bathroom. You'll then be treated to a relaxing back, neck and shoulder massage using ylang ylang or lavender essential oils.

Enjoy a selection of infused herbal teas or Italian Eraclea hot chocolate, served with homemade cookies. Unwind to your choice of soothing music throughout the evening. Sweet dreams then await in a sumptuous bed dressed in 1000 thread count Egyptian cotton and your personal pillow choice, which is sprayed with a heavenly mist, accompanied by a silk or cool gel filled eye mask and ear plugs, making drifting away to the land of nod a blissful pleasure.

Aromatic Bath Ritual • Relaxing Back, Neck and Shoulder Massage • Refreshments • Special Sleep Amenities

Bua Phan

From ancient times, Thai culture has revered this fragrant water lotus as reflecting Buddha's eternal joy on the entire family, with its roots denoting the sincere and long lasting care that supports and connects all family relations. Just like this lotus, whose enlightening qualities define heartwarming happiness, Anantara Spa coaxes your whole being to blossom under the touch of our expert therapists.

Anantara Signature Massage (90 Minutes)

Combining revered eastern and western techniques in purpose designed movements with our signature oil blend, this massage stimulates the circulation and deeply relaxes muscles. Meanwhile, reflexology clears blockages of energy and promotes overall wellbeing.

Shower • Floral Foot Ritual • Anantara Signature Massage • Refreshment

Bamboo Massage (90 Minutes)

Discover deep relaxation through inspired ancient healing wisdom. Using aromatic oil and a set of warmed bamboo sticks in various sizes, this distinctive style of massage incorporates stroking and rolling techniques to release muscular knots and tension, reduce toxin accumulation and fluid retention, while encouraging healthy circulation.

Shower • Floral Foot Ritual • Bamboo Massage • Refreshment

Royal Thai Massage (90 Minutes)

Developed over 1,000 years ago, this ancient massage style is influenced by Ayurveda, hatha yoga, Chinese meridian philosophy and indigenous Thai practices. Acupressure, reflexology, gentle stretching and suppression along the body's energy pathways connect body, mind and spirit, offering a holistic approach to healthy wellbeing.

Shower • Floral Foot Ritual • Royal Thai Massage • Refreshment

Traditional Thai Massage (90 Minutes)

Passed down through generations, this unique and exotic technique is known to many as 'passive yoga', as it offers the ultimate body workout. Let your expert therapist do all the work - while you enjoy the benefits. Experience how pressure point and stretching techniques effectively release tension, increase flexibility and boost vitality.

Shower • Floral Foot Ritual • Traditional Thai Massage • Refreshment

Thai Herbal Compress Massage (90 Minutes)

This age old Thai treatment removes negative energy and sluggishness, soothes muscle tension and eases out stiffness. The healing session begins with the application of a warm herbal poultice containing therapeutic Thai herbs and spices, followed by a full body massage with carefully selected herbal oils.

Shower • Floral Foot Ritual • Thai Herbal Compress Massage • Refreshment

Stress Release Massage (90 Minutes)

Using a combination of strokes and acupressure techniques, along with the signature aromatherapy oil blend of your choice, this gentle massage delivers waves of deep relaxation and pure pleasure.

Shower • Floral Foot Ritual • Stress Release Massage • Refreshment

Swedish Massage (90 Minutes)

This classic massage is based on a technique developed in 1812 by Per Henrik Ling. Each part of the body is manipulated by focusing on individual muscles, using percussive tapping movements and a rolling of the fingers to stimulate the nervous system.

Shower • Floral Foot Ritual • Swedish Massage • Refreshment

Elemis Deep Tissue Massage (60 Minutes)

Unwind into a powerful, customised massage that combines deep rhythmic pressure and a personally prescribed dynamic blend of essential oils to alleviate stress, ease aching muscles and target individual needs.

Shower • Welcome Touch • Body Brushing • Elemis Deep Tissue Massage • Refreshment

Elemis Nurturing Mother-to-Be Massage (60 Minutes)

This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Adapted to each stage of pregnancy, specialised positioning on the unique Elemis beanbag ensures safety, comfort and relaxation. Designed to relieve tension in the back and alleviate swelling in the hands and feet, this harmonious massage eases the mind and uplifts the spirit.

Shower • Welcome Touch • Elemis Nurturing Massage for Mother-to-Be • Refreshment



Face & Body Sensation (75 Minutes)

Pure body indulgence and exceptional anti-ageing results.

Combining cooling instant refreshing gel with hot stones, your therapist will customise a unique ice cool thermal muscle massage to target specific problem areas, with the extremes of cold and heat effectively alleviating stress and aching muscles. An intensive anti-ageing booster facial smooths wrinkles and restores youthful beauty, for a truly sensational head to toe experience.

Shower • Welcome Touch • Elemis Ice Cool Thermal Muscle Massage • Anti-Ageing Booster Facial • Refreshment

Foot Massage (60 Minutes)

Experience holistic balance and deep relaxation. This fascinating treatment provides physical renewal with specific thumb, finger and hand techniques applied to various reflex points on the feet to effectively stimulate corresponding organ groups in the upper body.

Floral Foot Ritual • Foot Massage • Refreshment



Bua Sattaban

The Bua Sattaban has a sacred place in Indian culture, art and mythology, representing all that is positive. The mystery of this beautiful flower is addressed in the following sutra: “The lotuses of heaven can change according to people’s wishes, flowering when needed and bringing joy to the hearts of all.” Just like this ever-changing lotus, our body therapies are designed to be exactly what you need, when you need them - working to rehydrate, balance, detoxify and revitalise the skin.



Specialist Treatments

Herbal Back Refresher (45 Minutes)

Remove tension where our bodies hold it most, while improving the condition of your skin. Begin with a natural scrub followed by a cooling peppermint and black tea cotton wrap that cleanses and softens skin, improves blood circulation and refreshes the mind. An effleurage massage using Anantara detoxifying oil offers a deeply relaxing ending.

Shower • Floral Foot Ritual • Herbal Back Refresher • Refreshment

Clay Rhassoul (45 Minutes)

Cocooned in the therapeutic mud of your choice from our specialist selection, benefit from body detoxification, a boost of energy and skin that feels flawlessly smooth.

Floral Foot Ritual • Clay Rhassoul • Shower • Refreshment



Body Scrubs

Essence White Coconut Mint Scrub (60 Minutes)

Rich in vitamins and anti-oxidants, walnut shell removes dead cells and strengthens new skin to leave it feeling completely clear and smooth.

Floral Foot Ritual • Essence White Coconut Mint Scrub • Shower • Body Moisturiser • Refreshment

Detoxifying Green Tea Scrub (60 Minutes)

Nourish and rejuvenate your body with the therapeutic properties of green tea.

Floral Foot Ritual • Detoxifying Green Tea Scrub • Shower • Body Moisturiser • Refreshment

Elemis Exotic Lime & Ginger Salt Glow (45 Minutes)

A body exfoliation ritual to cleanse, polish and invigorate. After light body brushing, warm oil is dripped luxuriously over the body, preparing your skin for the Elemis Exotic Lime & Ginger Salt Glow. Skin is left gleaming and vibrant, replenished and flawless.

Welcome Touch • Body Brushing • Elemis Exotic Lime & Ginger Salt Glow • Refreshment

Body Wraps

Essence White Coconut Wrap (60 Minutes)

Indulgently rich and gloriously fragranced, this wrap rejuvenates the skin and combats the effects of modern life.

Floral Foot Ritual • Essence White Coconut Wrap • Shower • Body Moisturiser • Refreshment

Detoxifying Green Tea Wrap (60 Minutes)

Immerse yourself in a calming cocoon of gently cleansing and hydrating green tea.

Floral Foot Ritual • Detoxifying Green Tea Wrap • Shower • Body Moisturiser • Refreshment

Aloe After-Sun Soother (60 Minutes)

Wonderfully soothing and calming, your expert therapist applies fresh, cooling aloe vera gel and a poultice of cold black tea and mint to decrease redness and pain.

Shower • Floral Foot Ritual • Aloe After-Sun Soother • Refreshment



Elemis Exotic Frangipani Body Nourish Wrap (45 Minutes)

A lavishly moisturising elixir, sourced from Tahitian coconut and frangipani flowers, is poured over your entire body to generate radiant vitality. While cocooned in your nourishing wrap, enjoy a facial pressure point massage and a heavenly de-stress scalp treatment.

Welcome Touch • Body Brushing • Elemis Exotic Frangipani Body Nourish Wrap • Refreshment

Elemis Body Sculpting Cellulite & Colon Therapy (60 Minutes)

Redefine and smooth your silhouette. This clinically proven Elemis Body Sculpting System targets stubborn cellulite, and uses specialist massage techniques to detox and firm the skin, stimulate the circulation and reduce fluid retention. An abdominal massage cleanses the colon to help detoxify from the inside out.

Welcome Touch • Elemis Body Sculpting & Colon Therapy • Body Brushing • Refreshment

Bua Thrik

The Bua Thrik lotus is nature's foremost symbol of grace, prosperity and fertility. It is associated with ever-renewing youth and feminine beauty. Drawing on these resplendent qualities, our facials do more than simply treat the surface. Following a detailed skin analysis, each personally prescribed facial combines powerful ingredients and delicate techniques to leave your skin refined and radiant.



Advanced Anti-Ageing

Elemis Pro Collagen Quartz Lift Facial (75 Minutes)

An anti-wrinkle facial with proven results.

This exceptional facial has been independently tested with phenomenal results, and is clinically proven to reduce wrinkles by up to 94% and improve skin firmness by up to 57%, after just one treatment. Specialised lifting massage techniques and professional strength anti-ageing formulations leave skin firmer, uplifted and more youthful.

Elemis Visible Brilliance Facial (75 Minutes)

To combat ageing, stressed and slackened skin.

Independently tested with revolutionary results, this face and eye treatment firms and plumps skin whilst reducing dark circles, increasing moisture levels by up to 61% and elasticity by 40%, after just one treatment. Micro-circulatory massage techniques, powerful formulations and an Amino Active Mask work together to sculpt and restore skin radiance.

Skin Solutions

Elemis S.O.S. Purifying Facial (75 Minutes)

A purifying treatment for congested skin.

A powerful face and eye treatment that helps to balance the function of the skin. Purifying massage techniques, combined with a unique Japanese Sulphur Mask infused with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil rich pores, leaving a beautiful matte complexion.

Elemis Oxygen Skin Calm Facial (75 Minutes)

Pure soothing heaven for sensitive skin.

Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask infused with Absolute Skin Calm Booster Serum, to help rebalance delicate and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort for stressed and irritated skin.

Skin Specific

Elemis Exotic Moisture Dew Facial

(60 Minutes)

Treat your skin to a moisture boost.

Following a specialist facial massage, skin is fed with thirst quenching actives that bring back a healthy, dewy appearance.



For Men

Like the blue lotus which symbolises a victory of spirit and the wisdom of knowledge, Anantara Spa draws on an intelligent combination of nature and science to offer dynamic facial and massage treatments that are tailored to male needs.

Elemis Total Time Out (120 Minutes)

The ultimate transformation.

Combine either the anti-ageing Elemis Skin IQ+ Facial or the Urban Cleanse Facial with a customised Elemis Deep Tissue Muscle Massage, and benefit from a complete overhaul that combats the stressful and harsh effects of modern life.

Elemis Deep Tissue Massage (90 Minutes)

Deep rhythmic pressure massage.

Alleviate stress and ease aching muscles with this powerful, customised massage. Dynamic blends of essential oils are prescribed to target individual needs and reduce stress and muscle tension.

Elemis Urban Cleanse Facial (75 Minutes)

Deep cleansing and complete skin detox.

This super grooming facial works overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralise impurities. Fast acting ingredients reduce sensitivity and provide long lasting defense against the damaging effects of daily pollutants, leaving skin visibly clear and squeaky clean.

Elemis Skin IQ+ Facial (75 Minutes)

Anti-ageing booster for tired, stressed skin.

Charged with the clinically proven, anti-ageing Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment combats the harsh, ageing effects of frequent shaving, environmental pollution, hectic lifestyles and constant travel, for the ultimate skin overhaul with maximum anti-ageing results.



Bua Kra Dong

Let your mood change instinctively throughout your stay, and learn to blossom intuitively. Adopt the same beautiful philosophy as the giant water lily, Bua Kra Dong, whose leaves grow up to nine feet in diameter, accompanied by a remarkable flowering trend. On this lily's first night in bloom its flowers are white, and then appear a spectacular pink on the second. Mirror the unique versatility of this mystical plant as you indulge in any of our mood enhancing add-on treatments.

Anantara Milky Bath *(30 Minutes)*
Enjoy a private tea service as the exotic aromas of our signature Romance Milky Bath balance your body, mind and spirit.

Oriental Spice Bath *(30 Minutes)*
A sensual and romantic experience that enlivens the senses and stimulates the circulation. Unique combinations of essential oils and herbal ingredients make this an idyllic ritual for couples and honeymooners.

Thai Herbal Steam *(30 Minutes)*
Inspired by the healing properties of Thai herbs, this exotic ritual stimulates the circulatory system, nourishes body and soul, and can be enjoyed as a prelude to any of our spa treatments.

Hand & Foot Care

- | | |
|---|---|
| Spa Manicure <i>(60 Minutes)</i> | Spa Pedicure <i>(60 Minutes)</i> |
| Paint Change <i>(30 Minutes)</i> | French Finish Manicure <i>(60 Minutes)</i> |
| French Finish Pedicure <i>(60 Minutes)</i> | Gentlemen's Manicure <i>(30 Minutes)</i> |
| Gentlemen's Pedicure <i>(30 Minutes)</i> | |

Waxing

- | | |
|--|--|
| Full Arm <i>(50 Minutes)</i> | Half Arm <i>(30 Minutes)</i> |
| Underarm <i>(30 Minutes)</i> | Full Leg <i>(50 Minutes)</i> |
| Half Leg <i>(30 Minutes)</i> | Bikini Line <i>(50 Minutes)</i> |
| Full Leg with Bikini <i>(100 Minutes)</i> | |

Salon Treatment – Paul Mitchell Hair Care

Paul Mitchell special hair care products repair and strengthen your hair structure, by providing deep moisturising, smoothing, softening and shining benefits.

- Hair Wash and Blow Dry** *(30 Minutes)*
Woman's Hair Cut with Blow Dry *(60 Minutes)*
Men's Hair Cut with/without Blow Dry *(60 Minutes)*
Children's Hair Cut with Blow Dry *(30 Minutes)*
Hair Styling / Hair up Do *(60 Minutes)*
Hair Relaxation Treatment *(60 Minutes)*

Make up

- Pre Wedding Hair & Make up test** *(120 Minutes)*
Bride Hair & Make up *(120 Minutes)*
Groom Hair & Make up *(60 Minutes)*
Bridesmaids Hair & Make up *(90 Minutes)*
Children's Hair & Make up *(60 Minutes)*



Spa Etiquette

- Please arrive 15 minutes prior to your treatment, in order to complete your health assessment form and take time to relax in our tranquil surroundings before and after your treatment.
- We have a wonderful selection of refreshing teas, which can be prepared for you to enjoy after your treatment.
- We have recently launched a special children's spa menu called "**Kai-Nui** (little) Spa Children's Menu **"for the little one"** and it's for children between 6-14 years old to enjoy and pamper themselves during their stay at Anantara Phuket Layan Spa. Treatments must be booked before 2 pm. Parents are welcome to attend the treatments.
- Please note that the Spa is unsuitable for small children and babies, unless receiving treatment. We try to ensure that all our guests benefit from the tranquil surroundings.
- We recommend that you leave all jewelry in your villa before coming to the spa.
- All treatments will be charged to your villa, and appear on your account at the time of check out.
- Please give 4 hours' cancellation notice on individual treatments and twenty-four hours' notice on packages, otherwise 50% of the price may be charged to your account.
- We recommend that you do not sunbathe after an aromatherapy treatment.
- For men - please shave prior to all facial treatments to ensure that maximum results are achieved.
- Smoking or use of mobile phones is not permitted in the spa.
- Arriving late will decrease the time of your treatment.
- Guests with high blood pressure, heart conditions, allergies or other medical complications, and those who are pregnant, are advised to consult a doctor before undergoing any treatments.
- Please notify the spa receptionists of any existing medical conditions.
- All prices are in Thai Baht and subject to 10% Service Charge and all applicable Government Taxes.
- Prices are subject to change without prior notice.





Anantara Spa at Anantara Phuket Layan Resort & Spa
168, Moo 6, Layan Beach Soi 4 Cherngtalay,
Layan Beach Phuket 83110
Mobile: +66 (0) 83 7166 578
spa.anantara.com

Treatment Price List



Signature Journeys

Bua Luang

Journey of Siam	225	10,800
Layan Orchid Signature Ritual	130	7,500
Layan Bamboo Retreat	165	8,500
Herbal Body Balancer	120	6,800
Deep Cleansing Ritual	120	7,200

Sattabongkoj

Romantic Rendez-vous for Two	190	21,000
Elemis Spa Ritual	130	9,200
After Sun Retreat	130	6,300
In-villa Slumber Guru Experience	70	6,300

Massages

Bua Phan

Anantara Signature Massage	90	6,300
Bamboo Massage	90	6,300
Royal Thai Massage	90	4,200
Traditional Thai Massage	90	3,700
Thai Herbal Compress Massage	90	4,200
Stress Release Massage	90	4,200
Swedish Massage	90	4,200
Elemis Deep Tissue Massage	60	5,500
Elemis Nurturing Mother-to-Be	60	6,100
Face & Body Sensation	75	6,400
Foot Massage	60	3,200

Body Treatments

Bua Sattaban

Specialist Treatments

Herbal Back Refresher	45	3,700
Clay Rhassoul	45	3,700

Body Scrubs

Essence White Coconut Mint Scrub	60	3,700
Detoxifying Green Tea Scrub	60	3,700
Elemis Exotic Lime & Ginger Salt Glow	45	3,500

Body Wraps

Essence White Coconut Wrap	60	3,700
Detoxifying Green Tea Wrap	60	3,700
Aloe After-Sun Soother	60	3,700
Elemis Exotic Frangipani Body Nourish Wrap	45	4,200
Elemis Body Sculpting Cellulite & Colon Therapy	60	4,500

Facials

Bua Thrik

Advanced Anti-Ageing

Elemis Pro Collagen Quartz Lift Facial	75	6,400
Elemis Visible Brilliance Facial	75	6,400

Skin Solutions

Elemis S.O.S. Purifying Facial	75	5,100
Elemis Oxygen Skin Calm Facial	75	5,100

Skin Specific

Elemis Exotic Moisture Dew Facial	60	4,500
-----------------------------------	----	-------

For Men

Elemis Total Time Out	120	9,200
Elemis Deep Tissue Massage	90	5,900
Elemis Urban Cleanse Facial	75	6,100
Elemis Skin IQ+ Facial	75	6,100

Steam & Bath Rituals

Bua Kra Dong

Anantara Milky Bath	30	1,050
Oriental Spice Bath	30	1,050
Thai Herbal Steam	30	700

Hand & Foot Care

Spa Manicure	60	1,600
Spa Pedicure	60	1,600
Paint Change	30	800
French Finish Manicure	60	1,600
French Finish Pedicure	60	1,600
Gentlemen's Manicure	30	1,300
Gentlemen's Pedicure	30	1,300

Waxing

Full Arm	50	1,700
Half Arm	30	1,500
Underarm	30	1,400
Full Leg	50	2,500
Half Leg	30	1,500
Bikini Line	50	1,600
Full Leg with Bikini	100	3,200

Salon Treatment Paul Mitchell

Hair Care

Hair Wash and Blow Dry	30	1,200
Woman's Hair Cut with Blow Dry	60	1,800
Men's Hair Cut with/without Blow Dry	60	1,500
Children's Hair Cut with Blow Dry	30	1,300
Hair Styling / Hair up Do	60	2,500
Hair Relaxation Treatment	60	2,200

Make up

Pre Wedding Hair & Make up test	120	5,800
Bride Hair & Make up	120	8,800
Groom Hair & Make up	60	4,500
Bridesmaids Hair & Make up	90	5,800
Children's Hair & Make up	60	1,750

All prices are in Thai Baht and subject to 10% Service Charge and applicable Government Tax.

Prices are subject to change without prior notice. Advance booking is highly recommended to ensure the availability.

Appointments cancelled with less than 4 hours notice will incur a cancellation fee of 50% of the reserved treatment price. In the event you are late for your scheduled appointment, we will accommodate you to the best of our abilities, but your treatment may be shortened or rescheduled.

Anantara Spa is open from 10 am to 10 pm. Spa treatments between 10 pm and midnight are available upon advance reservation.

Anantara Spa at Anantara Phuket Layan Resort & Spa

168, Moo 6, Lanyan Beach Soi 4 Cherngtalay,
Layan Beach Phuket 83110
Mobile: +66 (0) 83 7166 578

spa.anantara.com