



## Surfing at Anantara Maldives

### Ticket to Ride 2010

All surfers wishing to surf from Anantara can do so under the 'Ticket to Ride' system. Surfer numbers are limited so booking in advance is recommended and also cheaper. Tropicsurf manages the service.

Your basic ticket to ride entitles you to: -

- One doni boat transfer per day. (3.5 hours. Towels and bottled water provided.) (Note – upgrading to two surfs per day is an option.)
- Expert guidance and water safety
- Coaching tips in water from expert coach (optional)
- Complimentary use of stand-up paddle boards
- Daily surf report
- Tropicsurf gift (3 day+)
- Complimentary access to surf movies
- Access to booties, wax, sunscreens, rash guards, towels, water, reef-safe leashes
- Board valet service

### 2010 Rates

| Level | Ability      | Waves          | Tropicsurf Experience        | Details  | Price                                       |
|-------|--------------|----------------|------------------------------|--|---|
| 1     | Novice       | Lagoon         | 'Dream'<br>-Lagoon lesson    | Learn basics in calm lagoon. Minimum 2 hours. Success in competency test allows progression to next level. | \$90 per hour                               |
| 2     | Beginner     | Small          | 'Dream'<br>-Ocean Transition | 3.5 hours. Instructor by your side to help you ride your first-ever green waves.                           | \$225 per lesson<br><br>\$595 for 3 lessons |
| 3-4   | Intermediate | Small - medium | 'Perfect Wave'<br>-Afternoon | 3.5 hours. Boat trip to smaller, longboard style waves.  | \$150                                       |
| 5-10  | Experienced  | Open           | 'Perfect Wave'<br>-Morning   | 3.5 hours. Boat trip to largest, hollowest waves available.  | \$150                                       |
| 5-10  |              |                |                              | Surf afternoon as well (two sessions in total)   | Add \$50                                    |

*\*All rates are in \$USD. \*All sessions billed to your room account. \*10% service charge applies at resort.*

*\*Competency test may be required to enter Level 5 sessions. \*Poor weather program may include stand up paddle, waterman breath training, surf movies, surf coaching, educational talks or stretch class.*

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### Pre-paid before arrival.

Pre-paying before arrival is not only cheaper, it also saves paying the 10% service charge. However please note that pre-paid is also non-refundable and non-transferable.

| % Discounts for Pre-Paid Surfing |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
|----------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| No. Days                         | 1         | 2         | 3         | 4         | 5         | 6         | 7         | 8         | 9         | 10        | 11        | 12        | 13        | 14        |
| Discount applied %               | 4         | 5         | 6         | 7         | 8         | 9         | 10        | 11        | 12        | 13        | 14        | 15        | 16        | 17        |
| Service charge saved %           | 10        | 10        | 10        | 10        | 10        | 10        | 10        | 10        | 10        | 10        | 10        | 10        | 10        | 10        |
| <u>Total saving</u>              | <u>14</u> | <u>15</u> | <u>16</u> | <u>17</u> | <u>18</u> | <u>19</u> | <u>20</u> | <u>21</u> | <u>22</u> | <u>23</u> | <u>24</u> | <u>25</u> | <u>26</u> | <u>27</u> |

Example: Pre-pay 7 x Perfect Wave sessions before arrival at the resort and save 10% on the listed price. Plus save a further 10% service charge. **A total saving of 20%.**)

### Options

|   |  |
|---|--|
| <p><b>Ride Clinic</b> – If you are serious about taking your surfing to the next level, Tropicsurf's ten-step program includes video analysis, identifying your strengths and weaknesses, plotting them to a detailed skill progression, equipment fine-tuning, fitness analysis, confidence building through surfing psychology, increasing your wave count and much more. Twenty years in the making, this innovative program can be taken over a minimum of five days.</p> | \$50 per day   |
| <p><b>Stand Up Paddle</b> – An enjoyable, subtle workout that improves balance, endurance and core strength. View marine life and golden sunsets in the calm lagoon. No experience required. Everyone can enjoy the world's fastest growing water sport.</p>  | \$50 per session   |
| <p><b>Surfboard Hire</b> – A selection of surfboards are available for hire. Please pre-book well in advance.</p>   | \$45 per day<br>\$250 per week<br><small>(Damage excess applies if broken)</small> |
| <p><b>Speedboat half / full day excursion</b> – Try a little variety and surf neighbouring North Male Atoll's best breaks.</p>  | Add approx.<br>\$600 / \$900. POA.   |
| <p><b>Seaplane surfari</b> – The ultimate ride. Discover secret spots and your own surfing nirvana.</p>   | POA.   |
| <p><b>Waterman</b> – Choose expert instruction in breath improvement training, learn to swim or ocean confidence. No prior experience required.</p>   | \$90 per hour.   |

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|  |                                    |
|--|------------------------------------|
| <b>Private</b> – Personal, senior guide for private surf excursions or intensive coaching program. | \$800 per day plus guide expenses. |
| <b>Non surfers</b> – Sightseeing boat ride to surf break. (Subject to availability).               | \$30 per boat trip.                |

### Beginners

Tropicsurf's *Dream* program is a detailed instructional course for novices.

Level one: Starting in the calm waters of the Anantara lagoon you'll learn about safety, equipment, reading waves and surfing techniques. No prior experience is required though reasonable fitness is important. Proven competency at level one qualifies you to hit the waves in a level two course.

Cost: \$90 USD per person per hour. (Two hour minimum. Competency test determines if and when you are ready to progress to Level Two in the surf.) Equipment is provided.

Level two: Experience the magical thrill of gliding across your first green waves in a tropical paradise. Warning - the rush of riding a perfect Maldivian wave might change your life forever! Proven competency at level two allows you to then join the ticket to ride program detailed above.

Cost: \$225 USD per session. Or: \$595 for course of three sessions. Includes equipment.

### Session Times – April to October only.

Note – Anantara surf school is closed between November and March.

| Time             | Waves  | Activity                                     | Numbers | TS Experience     |
|------------------|--------|--|---------|-------------------|
| 7:30am – 11:00am | open   | Boat to biggest, best surf breaks.           | Max. 8  | Perfect Wave      |
| 12:00pm – 3:30pm | small  | Boat to smaller, easier waves.               | Max. 4  | Ride              |
| 4:00pm – 6:00pm  | lagoon | Beginners lagoon lesson. Or stand up paddle. | Max. 4  | Dream or Waterman |

\*Session times are subject to change around best surf conditions. Please check with your guide.

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### Level Overview

| Level    | ALREADY ABLE TO  | WANT TO LEARN   |
|----------|--|---|
| 1        | Never surfed   | Learn board control, stand and have fun in calm water or white wash   |
| 2        | Control board, stand and balance   | Stand faster/smoothly, turn and traverse white wash   |
| 3        | Surf whitewash competently   | Ride some green waves with instructor push-ins  |
| 4        | Ride green waves when pushed in  | Catch & ride own green waves under instructor verbal guidance. Climbing and dropping. Basic cutback.                                    |
| 5        | Catch and consistently ride own green waves independently with good board control and turning capability   | Catch more waves, ride them higher, further, faster and with more efficient turning off bottom and top                                  |
| 6 Short  | Can ride with full control, make sections, turn and cutback  | Make turns faster, more powerful and with more acceleration. Improve bottom turn/top turn combos. Improve style.                        |
| 7 Short  | Surf fast through range of speed generating turns. Can roundhouse cutback                                  | Master floaters, re-entries, tube riding and off the lip repertoire   |
| 8 Short  | Competent in re-entries, floaters and tubes  | Surf faster, more vertical/critical/radical through range of moves on bigger, heavier waves and tubes                                   |
| 9 Short  | Get radical through range of moves in range of conditions  | Master advanced moves like layback snaps and carves, tail drop and free-fall floaters off lip, power and slide variations and big waves |
| 10 Short | Execute layback carves, free fall floaters off lip, power snaps and slides – in waves both large and small | Master airs & rotations, waft fins, subtleties of pressure and release, gouging rail turns, heaving take-offs                           |
| 6 Long   | Can ride with full control, make sections, turn and cutback  | Improve turning, style and grace. Noseriding and cross step prep  |
| 7 Long   | Surf competently through range of turns. Cutback with control.   | Cross stepping and nose-riding with cheater 5   |
| 8 Long   | Cross step and get 5   | Drop knee cutbacks, switch-footing and improve  |



|         |   | style   |
|---------|---|---|
| 9 Long  | Carve cutbacks, switch stance and drop knee.                        | Carving top turns, re-entries, floaters and tube riding. Get ten. |
| 10 Long | Execute carving turns, re-entries, floaters and get tubed. Get ten. | Switch stance turns, rotations, style nose-riding variations      |

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