

# The greatest journeys are felt, not told

## Island Java Journey (165 minutes) IDR 1,350,000<sup>++</sup>

Originating from the Royal House of Java, this traditional beauty ritual is no longer reserved for royalty, but is sure to bestow a regal radiance by relieving tension, improving blood flow and bringing waves of muscle relief.

Floral Foot Ritual » Javanese Lulur Beauty Treatment » Shower » Balinese Massage » Refreshment.

## Anantara Signature Massage (90 minutes) IDR 1,050,000<sup>++</sup> (60 minutes) IDR 750,000<sup>++</sup>

Our Signature blend of oils, combined with purpose-designed movements, stimulates the circulation and promotes deep relaxation, whilst restoring the flow of energy, or prana, along the meridian lines.

Shower » Floral Foot Ritual » Anantara Signature Massage » Refreshment.

## Thai Herbal Compress (90 minutes) IDR 1,050,000<sup>++</sup>

Discover how the healing power of medicinal Thai herbs can alleviate sore muscles and joint, flu and cold symptoms, the pain of rheumatism and arthritis, at the same time aiding the healing process of sprains and bruises and quieting the mind.

First a warm herbal oil massage melts away store tension. Then a heated cotton cloth compress filled with therapeutic herbs is gently pressed and rolled over your entire body to deepen holistic benefits.

Shower » Floral Foot Ritual » Thai Herbal Compress » Refreshment.

## Exotic Lime and Ginger Salt Glow (45 minutes) IDR 780,000<sup>++</sup>

A body exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

Floral Foot Ritual » Exotic Lime and Ginger Salt Glow » Shower » Body Moisturizer » Refreshment.

## Pro- Collagen Quartz Lift Facial (75 minutes) IDR 1,100,000<sup>++</sup>

Anti-wrinkle facial with proven results.

This exceptional anti-wrinkle facial has been independently tested, with phenomenal results. Clinically proven, after just 1 treatment, this facial reduces the number of wrinkles by up to 94% and improves skin firmness by up to 57%. Specialised lifting massage techniques are combined with professional strength anti-ageing formulations for maximum treatment efficacy, leaving a firmer, uplifted, more youthful looking appearance.

Floral Footbath Ritual – Facial Cleansing & Exfoliation – Facial Massage – Face Mask – Hand Massage.

## Spa Manicure (60 minutes) IDR 400,000<sup>++</sup>

## Spa Pedicure (60 minutes) IDR 450,000<sup>++</sup>

## Spa Manicure and Pedicure IDR 800,000<sup>++</sup>

## Nail polish only IDR 150,000<sup>++</sup>

## For Men - Skin IQ + (75 minutes) IDR 950,000<sup>++</sup>

Anti-ageing booster for tired, stressed skin.

Charged with the clinically proven, anti-ageing Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing result.