

### Ibu Jero - High Priestess and Natural Healer

A descendent of four generations of Balinese healers, Ibu Jero performs unique therapies to cure emotional and physical ailments.



A native of Bali, Ibu Jero is a revered High Priestess, one of very few on the island. She is a vessel of divine communication, healing through specific therapies that connect body, mind and spirit and ease the internal and external ailments that hinder your potential. Ibu Jero connects you with your inner voice and offers powerful treatments that provide holistic repair and spiritual awakening.

#### Signature Treatments

# Group Melukat Ceremony (120 mins) IDR 8,000,000++ for up to 5 persons

Join in a traditional group cleansing experience. Achieve self-purification and release anything holding you back through this special ceremony, which can only be

performed by a Priest or Priestess. A ritual unique to Bali, Ibu Jero is one of the few healers who can perform this transformative ceremony.

Chant affirming mantras to increase positivity and open your heart and mind. Through a combination of holy spring water, flowers, incense and temple offerings, this refreshing ritual takes place in includes an energy cleansing session and 60-minute Balinese massage.

#### Balinese Reiki (60 mins) IDR 2,000,000++ per person

Our esteemed High Priestess will locate and clear negative energies from your chakras with a calming Reiki session. Restore your body's subtle energy flow through this gentle treatment. Feel a sense of calm and release as Ibu Jero brings her divine powers to ease you into balance.

## Sunset Couple Blessing and Healing Ritual (90 mins) IDR 4,000,000++ for 2 persons

Perfect as an engagement ceremony, before a wedding or to celebrate an anniversary, share a memorable journey under the guidance of Ibu Jero. Begin with a past life issue cleanse, allowing you to move forward together afresh. Next, she'll align your chakra energies and let any negativity slip away. A sacred water blessing will follow, both of you

feeling the strength of Ibu Jero's healing power as you connect with each other. Make a Balinese offering together as a special token of your respect and gratitude. Emerge feeling in tune with each other after spiritual enhancement.

## Energy Cleansing Session (60 mins) IDR 2,200,000++ per person

Your mind is a powerful master, which may be blocked and tainted by the stresses of everyday life. Ibu Jero has a deep intuition and ability to heal opportunities within. Let go of damaging thoughts that may be lodged within you, that can arise from a trauma or bad experiences throughout your life. Gain the ability to live more freely, without the constraints of energies that can feel restrictive.

### Seven Chakra Cleansing at Tirta Sudamala Temple, Bangli (approx. 7 hours) IDR 6,000,000++ for 2 persons

Experience a sacred journey under the guidance of High Priestess Ibu Jero. Travel to a revered temple, just outside Ubud, where a holy spring has provided cleansing for hundreds of years. Connect with the traditions of this captivating country as Ibu Jero guides you through the temple processes. She will perform a seven-stage chakra cleansing and purification ceremony to release any emotional obstructions that prevent you from living life to its full potential. Enjoy lunch at this hallowed spot and return to the hotel feeling replenished and revitalised.

#### Advance reservations are required.

For more information, please contact the Anantara Spa at <a href="mailto:spa.uluwatu@anantara.com">spa.uluwatu@anantara.com</a>

#### Anantara Uluwatu Bali Resort

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