



balance

WELLNESS BY ANANTARA

RAW JUICE DETOX

Feel renewed, rejuvenated and revived.

A juice cleanse is a short-term, all liquid diet intended to cleanse both the mental and physical state. Wholesome, organic vegetable and fruit juices provide plenty of sustenance. Give your digestive system a break from processing heavy proteins and fat, in addition to filtering the liver, kidneys and gall bladder. Enjoy a wide range of benefits, from improved sleep to reduced food cravings. Emerge feeling energised, balanced and focused.

Benefits:

- Detox your body and reboot your entire system
- Improve overall health by raising your energy and vitality
- Nourish your body with vitamins and antioxidants
- Boost your immune system and enjoy skin that glows

Juice Programs

1 Day Taster	3 Day Kick Starter	5 Day Boot Camp
THB 2,000++	THB 5,700++	THB 9,000++

Prices are in Thai Baht and subject to 10% service charge plus applicable government tax.

Each program includes 6 juices per day:

Green Cleaner Juice x 2

Lettuce, Celery, Cucumber, Green Apple, Spinach, Parsley, Lemon

Fruit Juice Cocktail x1

Papaya, Pineapple, Ginger, Kiwi, Coconut

Ginger Beet Combo x 1

Apple, Beetroot, Lemon, Ginger, Carrot

Tropical Orange x 1

Carrot, Pineapple, Parsley, Orange

Cashew Milk x 1

Cashews, Honey, Vanilla, Sea Salt, Cinnamon, Water

For any questions and additional information, please reach out to our Director of Food & Beverage or Food & Beverage Manager.

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